## The Canadian Society of Nephrology Methods in Developing and Adapting Clinical Practice Guidelines: A review

Phil Mcfarlane<sup>1</sup>, Adeera Levin<sup>2</sup>, Ayub Akbari<sup>3</sup>, Bethany Foster<sup>4</sup>, Deb Zimmerman<sup>3</sup>, Gihad Nesrallah<sup>1,5</sup>, Greg Knoll<sup>6</sup>, Jean-Philippe Rioux<sup>7</sup>, Jim Barton<sup>8</sup>, Marcel Ruzicka<sup>3</sup>, Norman Muirhead<sup>9</sup>, Louise Moist<sup>9</sup>, Neesh Pannu<sup>10</sup>

Li Ka Shong Knowledge Institute, Keenan Research Center, St. Michael's Hospital, Toronto, ON, Canada <sup>2</sup>Department of Medicine, University of British Columbia, Vancouver, BC, Canada, <sup>3</sup>Department of Medicine, Division of Nephrology, University of Ottawa, Ottawa, ON, Canada, <sup>4</sup>Departments of Pediatrics and Epidemiology, Biostatistics, and Occupational Health, McGill University, Montreal, QC, Canada, <sup>5</sup>Humber River Hospital, Toronto, ON, Canada, <sup>6</sup>Ottawa Hospital Research Institute, Ottawa, ON, Canada, <sup>7</sup>Department of Medicine, Nephrology Division, Höpital du Sacré-Coeur de Montréal, Montreal, QC, Canada, <sup>8</sup>Department of Medicine, University of Saskatchewan, Saskaton, SK, Canada, <sup>9</sup>Department of Medicine, Western University, London, ON, Canada, <sup>10</sup>Department of Medicine, University of Alberta, Calgary, AB, Canada

**INTRODUCTION:** The Canadian Society of Nephrology (CSN) was established to promote the highest quality of care for patients with renal diseases and to encourage research related to the kidney and its disorders. The CSN Clinical Practice Guideline (CPG) Committee develops guidelines with clear recommendations to influence physicians' practice and improve the health of patients with kidney disease in Canada.

**REVIEW:** In this review we describe the CSN process in prioritizing CPGs topics. We document the CSN experience using the Grading of Recommendations Assessment, Development and Evaluation (GRADE) approach. We then detail the CSN process in developing de novo CPGs and in adapting existing CPGs and developing accompanying commentaries. We also discuss challenges faced during this process and suggest solutions. Furthermore, we summarize the CSN effort in disseminating and implementing their guidelines. Additionally, we describe recent development and partnerships that allow evaluation of the effect of the CSN guidelines and commentaries.

**CONCLUSION:** The CSN follows a comprehensive process in identifying priority areas to be addressed in CPGs. In 2010, the CSN adopted GRADE, which enhanced the rigor and transparency of guideline development. This process focuses on systematically identifying all available evidence and carefully assessing its quality, balancing benefits and harms, considering patients' and societies' values and preferences, and when possible considering resource implications. Recent partnership allows wider dissemination and implementation among end users and evaluation of the effects of CPG and commentaries on the health of Canadians.