## Absolute Contraindications to Kidney Transplantation



- 1. Active infection (e.g., TB)
- 2. Active Malignancy
  - Candidates with a previous history of malignancy should be successfully treated before proceeding with transplantation
  - Most renal transplant candidates with a history of malignancy should wait a period of time between successful treatment and transplantation. The length of time will depend on the type of malignancy
  - Most patients with multiple myeloma should not undergo renal transplantation
  - Excluding localized squamous cell and basal cell carcinoma
- 3. Severe respiratory conditions
  - Patients requiring home oxygen therapy
  - Uncontrolled asthma
  - Severe cor pulmonale
  - Severe COPD/pulmonary fibrosis or restrictive disease with any of the following parameters:
  - Best FEV1<25% predicted value
  - PO2 room air <60mmHg with exercise desaturation SaO2<90%</li>
  - >4 lower respiratory infections in the last 12 months
  - Moderate disease with the evidence of progression
- 4. Severe ischemic Heart Disease Including
  - Patients with progressive symptoms of angina
  - Patients with a myocardial infarction within 6
    months
  - Patients without an appropriate cardiac workup
  - Patients with severe diffuse disease especially with non-invasive tests in whom intervention is not possible and in whom expected survival is sufficiently compromised that their life expectancy is <5 years</li>

- 5. Severe Peripheral Vascular Disease including:
  - Large uncorrectable abdominal aneurysms
  - Severe occlusive common iliac disease
  - Gangrene
- 6. Transplant candidates with cirrhosis (unless being considered for a combined liver/kidney transplant)
- 7. Severe Cognitive impairment
  - Cognitive impairment is not an absolute contraindication to kidney transplantation.
     However; particular care must be taken to ensure that informed consent can be obtained and that a support system is in place to ensure adherence to therapy and patient safety
- 8. Active Drug or Alcohol Addiction
  - Patients with addiction should be in an established recovery program and stable for a minimum of one year
- 9. Patient non-adherence to therapy
  - Patient non-adherence to therapy is a contraindication to kidney transplantation, given the use of immunosuppressive agents with a narrow therapeutic window, the impact of nonadherence to therapy on risk of acute rejection and premature graft loss, and the scarcity of organ donors
- 10. Early loss (multiple transplants)
  - Early loss (less than 2 years) of two previous transplants to rejection or recurrent disease

## For further clarification on a case by case basis, please contact the Transplant Program:

- St. Paul's Hospital (ph: 604 806 9027/ 1-877-922-9822; <u>donornurse@providencehealth.bc.ca</u>); or
- if Vancouver General Hospital (ph: 604 875-5182/1-855-875-5182; kidneydonornurse@vch.ca)