

The Kidney Foundation
Of Canada
BC & Yukon Branch

Programs & Services



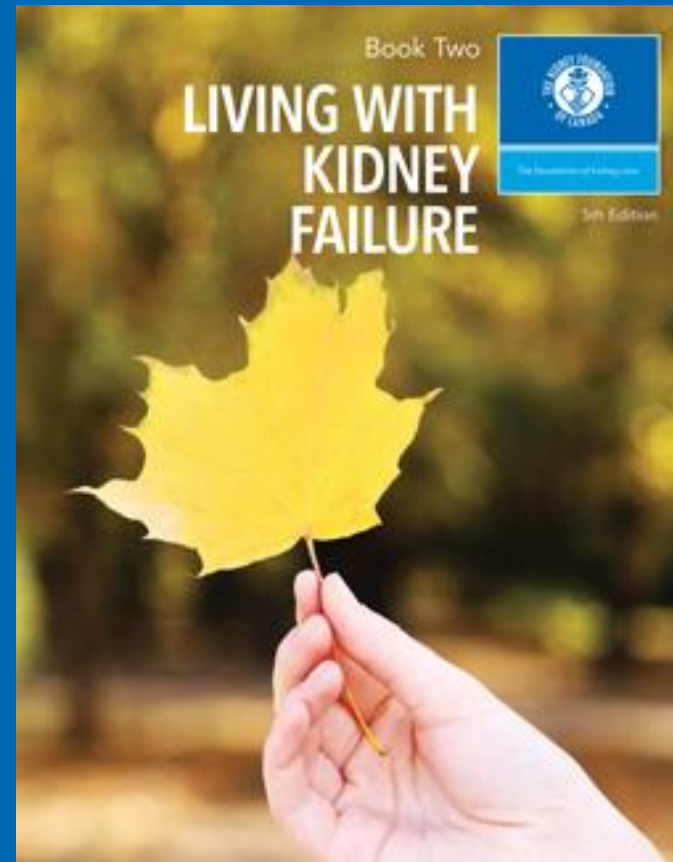
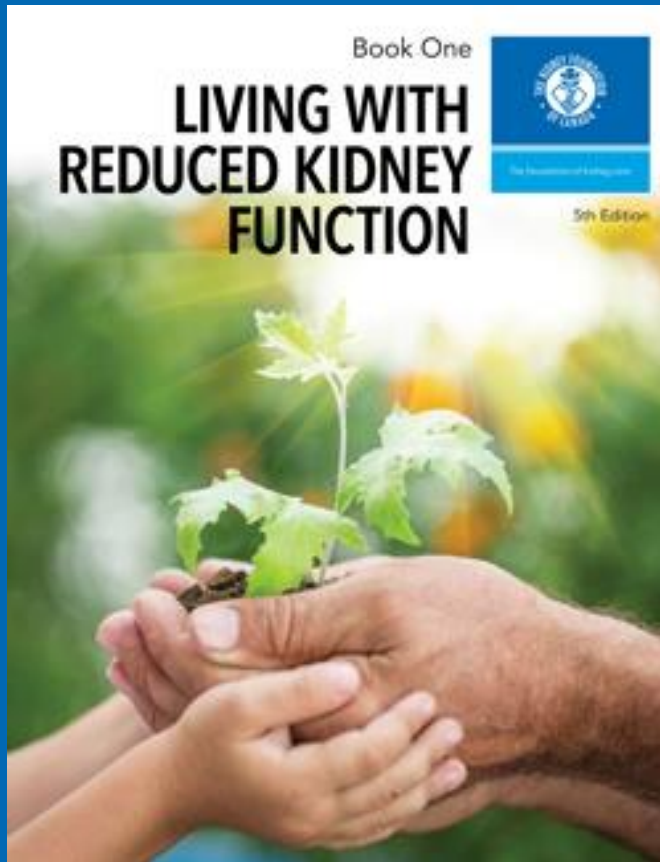
Information and Referral

While Foundation volunteers and staff cannot give direct medical advice, they can provide valuable information on kidney disease and its treatment, as well as referrals to appropriate community agencies and resources.

Call 1-800-567-8112 to speak to someone



Manuals



Educational Manuals

Living with Kidney Disease manuals are now divided into:

*Book 1- “Living With Reduced Kidney Function” and
Book 2 - “Living With Kidney Failure”*

These manuals are a comprehensive source of information on how kidneys work, various types of kidney disease, treatment options, renal diets and more.

These manuals are free. Contact the KFoC office to order for your patients.

The Foundation also produces a series of **educational brochures** and **fact sheets**. A complete listing is available on the Kidney Foundation’s web site at www.kidney.ca



Short-Term Financial Assistance

- Short-term and emergency financial assistance may be available to cover sudden and unexpected expenses incurred by a kidney patient
- This assistance is provided only when all other sources of funding have been exhausted. Patients must meet a financial criteria to qualify
- All grant requests must come through renal social workers



KIDNEY CONNECT Peer Support Program

- This is a telephone-based peer support program designed to provide the kind of one-to-one support a renal patient or their family may need
- Patients or family members in this program are paired with trained volunteers who have had their own first-hand experience coping with kidney disease
- These volunteers help others learn about, and cope with, the practical lifestyle and emotional realities of kidney disease



Kidney Suites

Anyone receiving a kidney transplant in BC must come to Vancouver for surgery and stay there about 2 months post-transplant for follow-up clinic visits.

To ease the financial burden, The Kidney Foundation offers 7 furnished suites in Vancouver that are available for free or for \$25 per night, depending upon the patient's ability to pay.

**Applications are made through transplant
social workers**

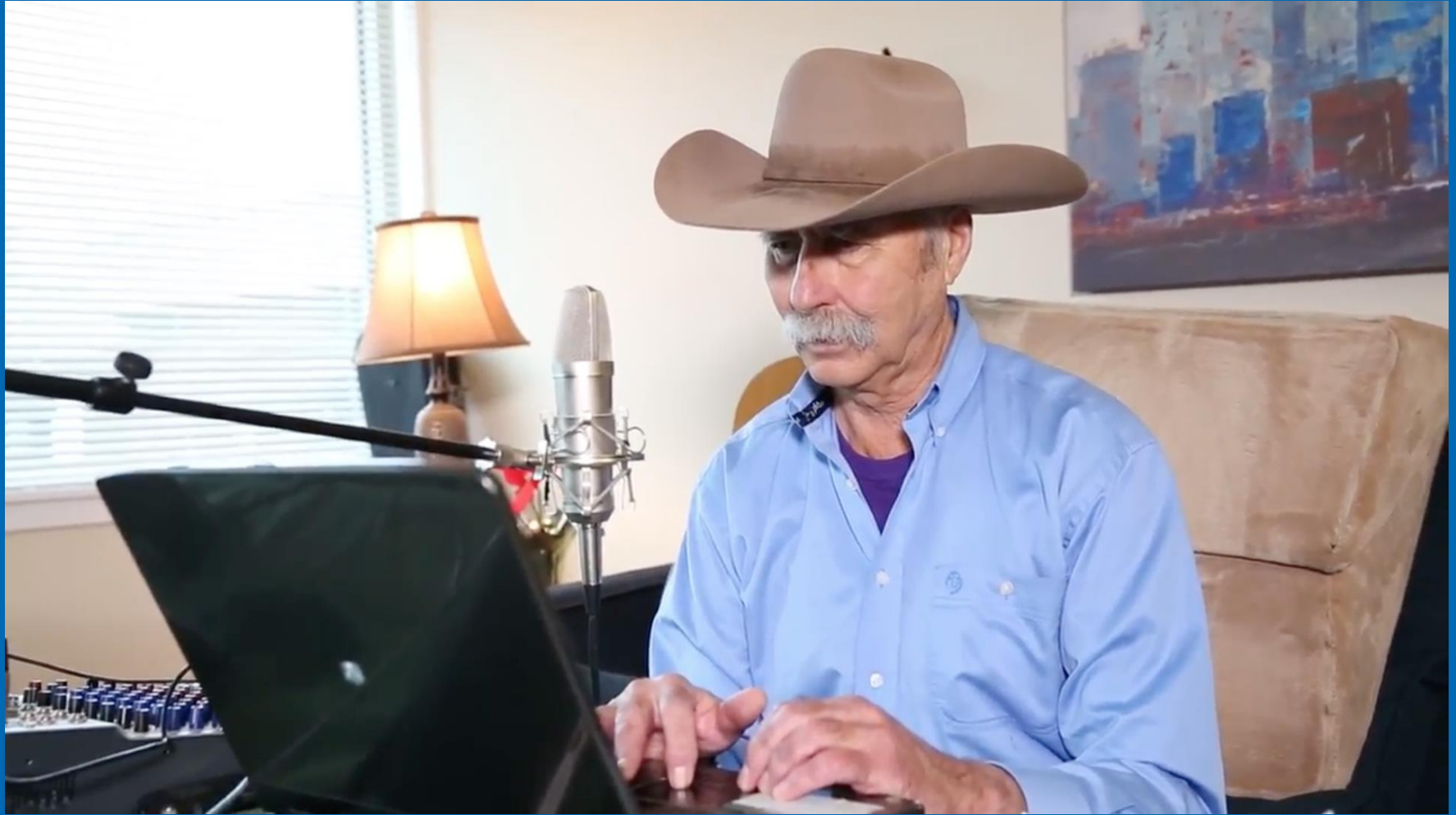




Hugh and Stanley



Spirit of the West Radio Show from the Kidney Suite



Kidney Townhouse

- The only place in BC for a child to receive hemodialysis is at BC Children's Hospital in Vancouver. Generally these children need to stay in Vancouver until they receive a kidney transplant
- The Kidney Foundation provides a furnished, 3 bedroom townhouse, free of charge for families to use under these circumstances

Applications are made through BCCH Social Workers





Kidney Camp for Kids

- Each year, the BC & Yukon Branch of the Kidney Foundation sends children with kidney disease to camp at Camp Latona on Gambier Island
- This is medically supported camp with canoes, kayaks, archery, ropes course, zipline, etc
- There is no cost to children or their families for camp

Applications are made through BCCH









LODERP

- The Living Organ Donor Expense Reimbursement Program provides financial reimbursement to those who have incurred expenses related to being a living kidney or liver donor
- Typically, donors can be reimbursed for travel, accommodations, meals, parking and loss of income due to the surgery and recovery period
- Those who travel out of BC through the Paired Exchange program can take a companion and have their expenses covered as well



Living Donor Mentor Program

- 13 past Living Kidney Donors have been trained as peer supporters
- Anyone considering being a living donor can be matched with a LD Mentor to hear about their experience with living donation

Interested donors can contact:

1-866-390- PEER





Targeted Screening

- Targeted screening events are being offered throughout BC to those who fall into a risk category for kidney disease
- Targeted events are held in community settings and include the following tests:
 - Blood pressure, blood sugar, weight, urinalysis, creatinine and eGFR
- The last two tests provide the participant with information about their current level of kidney function. There is no cost for these tests





Targeted Screening Event



Kidney Patient Journeys

These are peer support opportunities that can be offered to groups of patients who would like a small setting to share their CKD stories and seek support.





Comfort Items

- The BC & Yukon Branch provides petty cash for renal social workers to use for minor items for patients like taxi vouchers, meal tickets, celebrations, etc.
- In some community units coffee, tea and cookies are served to those who are dialyzing



The BC & Yukon Branch publishes two newsletters throughout the year.

Kidney News is designed to inform kidney patients about activities around BC and what our community is doing to promote kidney health awareness.



THE KIDNEY FOUNDATION OF CANADA
The Foundation of Kidney Care

KidneyNews
WINTER 2017
VOLUME 19 • ISSUE 1

Message from KFBC BC & Yukon Branch Executive Director, Pia Schindler

Welcome to our first issue of "Kidney News – One Strong Voice", a newsletter for our Kidney Foundation members, volunteers and supporters. For those who remember, we produce a Kidney News newsletter which we shipped just over a year ago when we made a strategic decision to redirect our resources in the short term to build our brand. We have an internal contribution section which our staff, members, and recently you have heard requests from our Kidney community to bring back a refreshed Kidney News with a real focus on our members, volunteers and supporters.

This newsletter is to celebrate our Kidney community and while we will start a regular edition from the Branch, we also want to recognize all the good work happening across BC and the Yukon. Without the dedication and arduous efforts of our volunteers and supporters, and the voice of our members, we simply could not do what we do. We are so grateful to you all and cannot thank you enough. Our commitment is to you and to that end, we greatly welcome and accept story ideas, updates from your chapter or community, any successes or topics you want to share. Thank you.

Pia Schindler



Nash Overton with his three sons and sister

Meet Nash and his Team

For most 11-year-old boys, the three Rs stand for "Reading, Rite'n and Rhythmic." For Williams Lake kidney patient Nash Overton, they stand for Remission, Relapse, and Return to hospital.

When he was 2½ years old, Nash was diagnosed with an heritable disease called nephrotic syndrome, an autoimmune disorder that attacks the kidneys, stopping the kidney's filtering system (the glomeruli) from removing blood protein (albumin) to the body. Instead, the much-needed protein is urinated out, leaving the body prone to massive swelling from water retention. In his short life, Nash has been on a roller coaster ride of tests, drug treatments, relapses and remissions as doctors work to keep his kidneys functioning.

Other kids who get nephrotic syndrome outgrow by the time they're 10, but Nash's recent kidney biopsy results show that he does not have the type of nephrotic

His motto is "stay strong and keep positive," a philosophy that his mom says he seems to have been born with.

syndrome that children can outgrow. He will battle nephrotic syndrome (PNS) into his adult life—or until either a cure or an effective ongoing treatment is found.

Unique to Nash is his upbeat and caring approach to life. He says his motto is "stay strong and keep positive," a philosophy that his mom, Fallon Overton, says he seems to have been born with.

"He was a happy baby right from the beginning and he assesses us everyday that he continues to be so positive and happy through all the continual disappointments he faces living with this disease," Fallon says.

Nash is fortunate to have parents who are supportive and practical. His mom says that even though Nash's condition is devastating to the whole family, it's

harder to be open and let everybody be part of his journey so they know what's happening and can be more understanding. To this end, Fallon created and posted a very poignant and informative video on Facebook that describes Nash's journey so far. You can find it at: <https://www.facebook.com/playlist/17111881532696149190>

"When we realized that there was no cure for nephrotic syndrome and that treatments that we work were getting few and far between we felt like doing something constructive—something that would channel our energy into something more positive.

And to something they did in 2013 they formed "Team Nash" and launched an awareness and fundraising campaign that will help from Florida and the community, has been the top fundraiser for The Kidney Foundation in BC for three years in a row. To date Team Nash has raised \$34,700. His family is hopeful that researchers will continue to discover new treatments that will bring Nash's disease under control or provide a cure.

Nash, his parents and two sisters, Reese, 9, and Halle, 5, started by holding car washes at Highland Toyota where Nash's dad, Gerald, is the general manager. The immediate support they received from those events spurred many more fundraising activities in Williams Lake and, in some cases, around the province. They have hosted BBQs, Car shows, a Flooding on Canvas painting party, Fundraisers, sold bottle dresses, and more car washes. Premier Log Homes of Fraser Valley had 15 people help by raffling a log bench during the Vancouver International Auto Show and raised \$5,000 for Team Nash.

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The Nash family

Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it's the only thing that ever has"

MARGARET MEAD

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kidney.bc.ca





- Is a entertaining, educational TV Show about kidney health, produced by The Kidney Foundation of Canada, BC & Yukon Branch
- The Branch produces two shows per month which currently air on SHAW TV, SHAW Multicultural and SHAW Direct across Canada, everyday – 3 times a day
- As well, the show airs on our KidneyBCY TV You Tube channel and is promoted via social media



Sidney the Kidney



Our
Faithful
Mascot!

Sidney
is
available
for your
event.



Thank You!

The Kidney Foundation would love to hear from you with any ideas as to how we can better support kidney patients in BC and the Yukon.

