Renal care in BC

KIDNEY DISEASE IN BRITISH COLUMBIA

- Non dialysis patients
 - In office settings, shared care with GPs
 - KCCs: General CKD care, specific add-on services (e.g. GN, PKD, conservative pathway)
- Dialysis modalities
- Renal transplants
- Within different health care structures
 - In hospital, out of hospital: HA clinics, private offices

Coordinated **provincially**, implemented and delivered **loca**







Kidney disease non-dialecti patients on dialysis IN BC

OUR NETWORK



Team-based renal care

Renal care is multidisciplinary and team-based

• Renal team

- Unit coordinators, nurses, dieticians, pharmacists, technicians, social workers, physicians, trainees, administrators
- Collaboration with external colleagues
 - Primary care, other specialists/services

Renal care is delivered as an **integrated team**, not **sequential** or **parallel** services



Components of Renal Care Longitudinal care with intermittent events

Education

- General disease info to patients and families
- Self management
- Treatment modalities and decisions

Surveillance

- Blood work, imaging, other investigations
- Clinical encounters
 - Clinic visits and between clinics

Navigation

- Through the system: access to other specialists, procedures
- Transitioning to other treatment modalities, directions of care



Interacting with renal patients

A complex array of **multiple** interactions with **multiple** team members in **multiple** ways

 $\underline{Not}\ discrete\ interactions\ with\ single\ providers$

Regular visits

- Targeted assessments with multiple providers, physical examinations, treatment decisions

Care between visits

- Supporting self management, treatment decisions
- Addressing issues between visits keeps patients out of hospital/reduces other care needs
- Formal and informal education sessions
 - In person, group and webinar
- Documentation between team members and external providers
 - Paper charts
 - EMRs, Hospital systems, PROMIS



COVID-19 impacts on renal care deliver

- Physical distancing
 - Change in configurations, capacities
 - Team members dispersed
- Reduced 'access' to clinical care teams
 - Reduced in-person visits
 - Changes to virtual care methods
 - Telephone, Visual Platforms
 - Barriers, checkpoints, masks, gloves and gowns
- Human factors
 - Patients are diverse in terms of language, culture, health literacy, comfort and access to technology
 - Team members are diverse in terms of skill set, comfort and access to technology
 - Patients and staff alike are anxious, fearful and uncertain



How can we provide the **same caliber** of renal care we always have in a new, unfamiliar, and changing environment?

How, when, and why can we integrate **virtual health platforms** and **system redesign** to address patient and team needs?