

Initial Information about Kidney Transplantation

Please provide this information to ALL patients who do not have an absolute contraindication.

9. We will let you know when you are getting close to the point that you need to start talking to people about donor outreach.

Initial information (key facts) about kidney transplantation:

1. Transplantation is the best therapy for patients with end stage kidney disease because it provides the best quality of life and helps people live longer compared to dialysis.
2. The best option is to avoid or minimize time on dialysis through preemptive transplantation.
3. Living donor kidney transplantation is the best therapy because it offers the quickest access to transplantation and it results in the best outcomes after transplantation (living donor kidneys last longer than deceased donor kidneys).
4. Living kidney donation is safe and can be done with minimal risk to the donor because donors are carefully selected to ensure they do well after donation.
5. The most important step is to find someone who is willing to donate a kidney to you.
6. Not everyone can safely get a transplant and if/ as your kidney function worsens we will do testing to determine if you are able to safely get a kidney transplant or not.
7. An important part of the work we do in this clinic is to help you find a living donor from within your circle of family and friends.
8. At this stage, we want you to start thinking about who you could potentially approach to be a kidney donor and how we can help you in doing this.