

Kidney Care Clinic

Useful Sites for Patients

BC Renal Agency

www.bcrenalagency.ca

Plans and coordinates health care services for all people with kidney disease in BC. Check out the section for patients.

BC Transplant

www.transplant.bc.ca

Leads and coordinates all activities related to organ donation and transplantation in BC.

Kidney Foundation of Canada

www.kidney.ca

Information on a variety of kidney-related topics, from early to late stage kidney disease. Includes information about the KIDNEY CONNECT Peer Support Program.

Kidney Foundation of Canada Community Kitchen

www.kidneycommunitykitchen.ca

Kidney diet information, meal planning tools and kidney-friendly recipes.

Healthy Families BC

www.healthyfamiliesbc.ca

Tools, resources and programs for healthy living.

National Kidney Disease Education Program

www.nkdep.nih.gov

Information on how to delay or prevent kidney failure.

Kidney School

www.kidneyschool.org

Interactive, web-based learning program designed specifically for patients. Described as “the site for information, inspiration, motivation and empowerment.”



Life Options

www.lifeoptions.org

Research-based information site with free downloadable information on all topics related to kidney disease.

Dietitians of Canada

www.dietitians.ca

Dietitians of Canada website that offers fact sheets, a healthy body quiz and a nutrition profiler.

HealthLink BC

www.healthlinkbc.ca/healthyeating

Call 811 for questions about healthy eating, food or nutrition. Website provides information sheets for people with various medical and health conditions.

Quit Now

www.quitnow.ca

Offers support, information, and practical tips to help quit smoking.

Physical Activity Line

www.physicalactivityline.com

Physical activity counselling service. Includes physical activity and healthy living information.

Canadian Society of Exercise Physiology

www.csep.ca/guidelines

Information on physical activity.