1/10 British Columbians are affected by kidney disease.

MANY DON'T EVEN KNOW IT.



Check your kidney health online: kidneyhealthcheck.ca

Kidney disease is a silent disease.

Symptoms may not appear until extensive damage has been done to your kidneys.



RISK FACTORS FOR CHRONIC KIDNEY DISEASE INCLUDE:



















Heart disease

High South Asian, blood Aboriginal, or African descent

Obesity

Smoking

Diabetes