

# **Furosemide**

#### What it does:

A diuretic is used to treat high blood pressure and to help reduce the amount of water in the body.

#### How it works:

It works by acting on the kidneys to increase the flow of urine.

## How to take it:

If you are to take a single dose a day, take it in the morning after breakfast.

If you are to take more than 1 dose a day, take the last dose no later than 6:00 pm, unless otherwise directed by your doctor.

If you are prescribed metolozone plus either ethacrynic acid or furosemide, take the metolazone 30 minutes before the ethacrynic acid or furosemide.

## What to do if you miss a dose:

If you miss a dose, take the missed dose as soon as you remember. If you do not remember the missed dose until it is time for the next dose (i.e. within 6 hours of your next dose if medication taken as a single daily dose or within 3 hours if medication taken more frequently than once daily), omit the missed dose and resume your regular dosing schedule. DO NOT DOUBLE YOUR DOSE OR TRY TO "CATCH UP" BY TAKING EXTRA DOSES.

### Possible side effects:

This medication may cause you to pass water frequently. Muscle weakness, dizziness, thirst or sensitivity to sunlight may occur. Avoid prolonged exposure to sunlight or use a sunscreen agent of at least SPF 15.

For diabetic patients: This medicine may affect blood sugar levels. While you are using this medicine, be especially careful in testing for sugar in your blood.

Contact your doctor if any of the side effects listed persist or become severe and intolerable. Contact your doctor if you develop skin rash, sore throat, chest pain, easy bruising, muscle cramps, unusual thirst, tiredness, loss of appetite, irregular heartbeat, ringing of the ears, decreased hearing or difficulty controlling your blood sugars.

Use the space below to write down why you are taking this medication and other notes.