

# Hydroxyzine

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**What it does:**

Hydroxyzine is used to treat allergies, anxiety, hives, nausea and itching skin rashes.

**How it works:**

It works by opposing the effects of histamine in the body. It is an antihistamine.

**How to take it:**

This medication should be taken as directed by your doctor. Avoid drinking alcohol while taking this medicine.

**What to do if you miss a dose:**

If you miss a dose, take it as soon as you remember. If your next dose is less than 6 hours away, skip the missed dose and continue with your regular schedule.

**DO NOT DOUBLE THE DOSE TO MAKE UP FOR THE MISSED ONE.**

**Possible side effects:**

Drowsiness is a common side effect with this medication. Be careful if you drive a car or operate machinery until you know how this medication affects you. This medication aggravates constipation and may cause dry mouth, nose or throat, dizziness or headache. In some patients, hydroxyzine may worsen any existing troubles with urination. Call your doctor immediately if you experience seizures, tremors, have trouble breathing or chest tightness.



Use the space below to write down why you are taking this medication and other notes.

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