

## Prescription for Blood Pressure (BP) Device for Use at Home

Name:	
Address:	
Phone:	
Date of Bir	th (MM/DD/YYYY):
PHN:	

Please purchase a **Blood Pressure (BP) Monitor** for use at home:

- 1. Look for "Recommended by Hypertension Canada" on the BP monitor or box (gold or silver logo).
- 2. Different brands of BP monitors come with different cuff sizes. Choose a brand where the size of the cuff fits within the range of the measurement below:

Mid-upper arm circumference (midpoint between shoulder and elbow): \_\_\_\_\_ cm

3. Special needs (e.g., talking device, pre-formed cuff, etc):

Some extended health plans may cover all or a portion of the cost. Contact your insurance provider prior to purchase. Otherwise, keep your receipt. You may be eligible for a credit on your income tax.

Take your device to your doctor's office/clinic/pharmacy before using it. Then compare the measurement on your device with that on the device in the office/clinic/pharmacy.

Name of Licensed KCC HCP				Kidney Care Clinic				
Phone				Email				
Signature					Date			
Provincial Health	BC Children's Hospital	fraserhealth Better health. Bed in health care.	V Interior He	alth island health	northern health	Providence Health Care How you want to be treated.	Vancouver CoastalHealth	