

Referral Orders for Kidney Transplant Assessment (Adult)

Form ID: _____ Rev: June 2025 Page 1 of 3

PATIENT INFORMATION LABEL

Name: _____

Address: _____

Phone: _____

Date of Birth (MM/DD/YYYY): _____

PHN: _____

- Mandatory (all patients)
- ☐ Select based on criteria: Prescriber check (✓) to initiate, cross out and initial any orders not required.

- Ensure Kidney Transplant referral module in PROMIS is initiated.

1. Transplant Program:

- ☐ Vancouver General Hospital
- ☐ St. Paul's Hospital

2. Absolute Contraindications:

⊖ **Do not proceed with transplant education if any of the following apply:**

- Active infection (e.g. TB)
- Active malignancy (excluding non-melanoma skin cancer)
- Oxygen dependent respiratory conditions
- Severe ischemic heart disease
- Severe peripheral vascular disease
- Uncontrolled cirrhosis
- Severe cognitive impairment
- Active drug or alcohol addiction
- Active non-compliance to therapy
- Uncontrolled psychiatric disorder
- Age >85

***Consult with nephrologist, if unable to clearly identify contraindications above.**

△ **Consult with nephrologist about providing transplant education if any of the following apply:**

- Age 70 to 85
- eGFR not clearly declining
- Fluctuating compliance
- Extensive comorbidities

✓ **If none of the above criteria apply, proceed with transplant education.**

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3. Mandatory Laboratory Tests for Referral Submission:

Note: The following tests are **valid for 365 days**. If results are <365 days, those results can be used for referral submission, if >365 days, those tests need to be repeated.

- | | |
|--|--|
| <ul style="list-style-type: none"> • CBC, Sodium (Na), Potassium (K), Bicarb (CO₂), Chloride (Cl), Total Bilirubin, Alkaline Phosphatase, eGFR, Creatinine • One of the following: <ul style="list-style-type: none"> <input type="checkbox"/> Rapid Plasma Reagin (Syphilis) <u>or</u> <input type="checkbox"/> Treponema Pall AB EIA • Hepatitis B Surface Antigen • Hepatitis B Surface Antibody • Hepatitis B Core Antibody • HIV Serology | <ul style="list-style-type: none"> • Blood group/Rh • Epstein Barr Virus IGG • Hepatitis C Antibody • HT Lymph Virus I/II (HTLV I/II) • Cytomegalovirus IGG (CMV serology) • Rubella IGG • Mumps IGG • Measles Antibody IGG • Varicella Zoster Virus IGG <input type="checkbox"/> SPEP (if ≥50 years of age) |
|--|--|

4. Other Mandatory Tests for Referral Submission:

- | |
|---|
| <ul style="list-style-type: none"> ● Chest X-ray within 2 years of referral submission (all patients) ● EKG within 2 years of referral submission (all patients) <input type="checkbox"/> Echocardiogram within 2 years of referral submission (if >40 years of age) |
| <ul style="list-style-type: none"> ● One of the following screening cardiac tests (All diabetics OR patients > 50 years of age OR any cardiac symptoms OR history of cardiac disease): <ul style="list-style-type: none"> <input type="checkbox"/> Stress echocardiogram <u>or</u> <input type="checkbox"/> MIBI <u>or</u> <input type="checkbox"/> Treadmill <u>or</u> <input type="checkbox"/> Coronary angiography <p>Note: If coronary angiography has been complete, the stress echocardiogram or MIBI or treadmill are not required.</p> |
| <p>A TB screening test is required for all patients unless a previous IGRA test has been done. IGRA is the standard test for TB screening.</p> <ul style="list-style-type: none"> <input type="checkbox"/> IGRA, Chest X-ray <u>or</u> <input type="checkbox"/> TB screening already completed (with IGRA test) <u>or</u> <input type="checkbox"/> Previous history of TB with treatment. Refer directly to BCCDC. |
| <p>Note: Ensure all tests applicable to this patient based on the defined criteria below are uploaded into PROMIS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> FIT valid 2 years (FIT test if age >50. FIT not necessary if normal colonoscopy in the last 5 years) <input type="checkbox"/> Mammogram valid 2 years (females age 50-74). If not complete follow-up with primary care. <input type="checkbox"/> PAP smear valid 3 years (females age 25-69), self-performed also accepted. |
| <ul style="list-style-type: none"> ● Dental: Inform all patients of requirement to ensure dental check-ups are up to date. |

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5. Verify and update or enter the following information in PROMIS:

Patient demographics	<ul style="list-style-type: none"> • Phone • English ability • Race • Need translator • Blood type, Blood Rh • Height and Weight • Ambulatory Y/N
Physicians	<ul style="list-style-type: none"> • Family physician • Primary nephrologist
Drug Allergies and Medications	<ul style="list-style-type: none"> • Drug allergies • Current medications
Screening	<ul style="list-style-type: none"> • Previous blood transfusions • Prior pregnancies • Prior transplants • Renal biopsies • Primary renal disease diagnosis • Living donor discussion occurred • Potential living donor identified by transplant candidate

DATE (DD/MM/YYYY)	TIME	PRESCRIBER NAME (PRINTED) OR COLLEGE ID	PRESCRIBER SIGNATURE