

Staff Reference Tool: CKD Patients on a Conservative Care Pathway

This Staff Reference Tool is intended to provide KCC staff with an overview of the phases of KCC care and the major activities at each phase. See “Checklist: CKD Patients on a Conservative Care Pathway” for additional detail and relevant resources.

CKD Patients on a Conservative Care Pathway (CKD Stage 5)					
eGFR	< 15	< 15 & declining			
KCC Phase	1	2	3	4	5
Description	Supportive ongoing care	Decompensation; prognosis <6 mos	↑ symptoms; prognosis <1 mo	Decline/ last days	Death & bereavement
PCP Communication	Communicate patient's choice with PCP. Confirm roles.		KCC team available to PCP & other community supports, including hospice/ palliative care teams for consultation (mostly symptom mgt).	Review grief & bereavement resources.	Acknowledge death with phone call, letter or card to family.
Advance Care Planning	Discuss ACP. Document in patient record & PROMIS	<ul style="list-style-type: none"> Review desires at EOL (KCC team or via PCP/PC team). Encourage patient to update will, power of attorney & other relevant forms (e.g., organ donation, bequest forms) 			
Goals of Care	Discuss goals of care, including continued desired for conservative care.	<p>Provide information on palliative care services in local community.</p> <p>Confirm BC Palliative Care Benefits Program Application submitted www2.gov.bc.ca/assets/gov/health/forms/349fil.pdf (HLTH 349).</p> <p>As required, confirm:</p> <ul style="list-style-type: none"> Referral(s) sent to appropriate palliative care service. No CPR form www2.gov.bc.ca/assets/gov/health/forms/302fil.pdf (HLTH 302). Notification of Expected Death in the Home form www2.gov.bc.ca (HLTH 3987) (urban areas only). Compassionate care benefits form www.canada.ca/en/employment-social-development/programs/ei/ei-list/reports/compassionate-care.html 			
Symptom Assessment & Management	<p>Complete mESAS (My Symptom Checklist) Q6 mos & PRN. Enter results into PROMIS. www.bcrenalagency.ca/resource-gallery/Documents/My%20Symptom%20Checklist.pdf</p> <p>Utilize symptom management algorithms & patient handouts. Communicate with PCP.</p>	Continue with mESAS, symptom management algorithms & patient handouts.			
Medications	Discontinue non-essential medications.	Discontinue non-essential medications.			
Blood Work	Reduce frequency of testing, if appropriate.	Reduce frequency of testing, if appropriate.			
Crises Education		Identify possible kidney-related crises (acute worsening of symptoms, caregivers overwhelmed etc) & develop management plan. Confirm who to contact and contact numbers.			