

I Am Learning About Living Donor Kidney Transplant

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What to expect

Education about living donor kidney transplant is provided to most patients who attend a Kidney Care Clinic in BC. It is provided early and over time.



Things to think about and discuss

Learning about the benefits and risks of a living donor kidney transplant will help you decide if transplant might be a treatment option you wish to pursue. Your kidney care team is available to support you and answer questions that you may have.

We suggest you review the following resources to help you learn about living donor kidney transplant:

- Introduction to Kidney Transplant
- <u>Treatments for Kidney Failure Education</u>
 (Transplant) presentation
- <u>The Kidney Transplant Process: A step-</u> by-step guide for kidney transplant recipients
- <u>Kidney Foundation of Canada (KFOC):</u> <u>Living with Kidney failure Chapter 4</u> <u>Transplant</u>

When will I be contacted by my kidney care team?

- To schedule and confirm a date for transplant education.
- To receive education on transplant and living donation.
- To obtain support with decision-making about living donor kidney transplant.

Decisions I need to make now:

- Do I proceed with testing?
- What is my back-up treatment plan if transplant doesn't work out for me?







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Questions to ask my kidney care team:

- Is transplant a cure for kidney failure?
- How do I know if transplant is a good option for me?
- I don't have any symptoms; do I need to decide now?
- Is there a lot of testing and what is involved?
- How will a kidney transplant affect my life?
- Is it safe for someone to donate to me?
- When should I start looking for a potential donor?
- What if I don't know anyone who would want to donate a kidney?
- How long do I have to wait before getting a transplant?

Where am I in the transplant process?

- My eGFR is below 25 and
 - declining.
- □ I have received transplant education.
- I have let my kidney care team know that I would like to be considered for a kidney transplant.
- I have discussed ways to find a living donor with my kidney care team.

Notes: