

I Have Been Referred to Vancouver General Hospital or St. Paul's Hospital for Assessment

Step 1

Step 2

Step 3

Step 4

Step 5

Step 6

What to expect

Vancouver General Hospital or St. Paul's Hospital will review test results that were completed at your local clinic. The results will help them decide whether you are suitable to proceed with the next step on the journey towards a living donor kidney transplant.



- If the transplant team decides you are suitable, you will start the assessment process. This may involve more testing. If the tests show you are a potential candidate, an assessment will be scheduled with the Vancouver General Hospital or St. Paul's Hospital transplant team which includes a transplant surgeon (urologist), transplant physician (nephrologist) and transplant nurse and/or social worker. More tests may be requested based on your assessment with the transplant team.
- If you are not suitable, you will be contacted by your nephrologist or kidney care team. They will explain to you the reasons why and discuss other treatment options with you.

Things to think about and discuss

You may experience a wide range of emotions on the journey towards living donor kidney transplant and they will be different as you progress through each phase. Your kidney care and transplant care teams will provide you with information and support you whether you continue the journey or not. Don't be afraid to reach out to them when you need them.

When will I be contacted by my kidney or transplant care teams?

- To discuss whether the referral has been accepted or not accepted and reasons why or why not including next steps.
- To book an appointment to meet with the transplant team for an assessment.
- To arrange additional testing for your transplant work-up.

Questions to ask my kidney care team:

- When will I hear from the transplant team about an appointment for the assessment?
- Will there be appointments with my kidney care team while I wait for my assessment?
- Do I still need to keep planning for treatment options other than transplant?
- I don't live in Vancouver; will there be support with travel arrangements if I need to go there for my assessments?
- Who should I call if I have any concerns?
- Will they do more tests in Vancouver?
- Can I change my mind to not have a living donor kidney transplant now?

Decisions I need to make now:

- Do I proceed with the transplant assessment?
- Do I need more information about kidney transplant?

Notes:



Where am I in the transplant process?

- My transplant referral is being reviewed by Vancouver General Hospital or St. Paul's Hospital.
- My transplant referral has been accepted by Vancouver General Hospital or St. Paul's Hospital Referral. I am waiting to hear about next steps.
- I have an assessment appointment booked with Vancouver General Hospital or St. Paul's Hospital.