

Alpha Adrenergic Blocking Agents (doxazosin, terazosin)

What it does:

- Controls hypertension (high blood pressure).
- Can improve urination in men with benign prostatic hyperplasia (BPH – enlarged prostate)

How it works:

- Relaxes blood vessels which lowers blood pressure.
- Also relaxes the muscles in the prostate and bladder neck, making it easier to urinate

How to take it:

- Can be taken with or without meals.
- Should be taken at bedtime if ordered once daily, or in the morning and at bedtime if ordered twice daily.
- Take these medications as prescribed even if you feel well.

What to do if you miss a dose:

- If you miss a dose of this medication, take it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule.

Possible side effects:

- May cause dizziness or headache, especially when you first start taking this medication.
- If you feel dizzy, avoid getting up too fast from a sitting or lying position.

Contact your physician if you experience any of the following:

- Severe dizziness or fainting
- Fast or pounding heartbeat or fluttering in your chest
- Swelling in your hands, ankles, or feet