


# KCC HOME BLOOD PRESSURE MONITORING (HBPM) INITIATIVE

## SURVEYS FEEDBACK

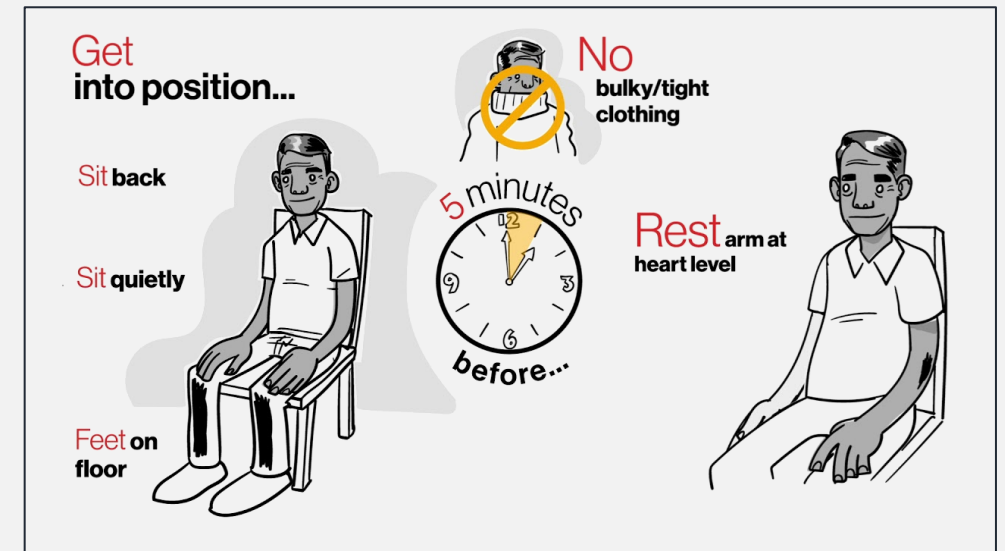
December 2022



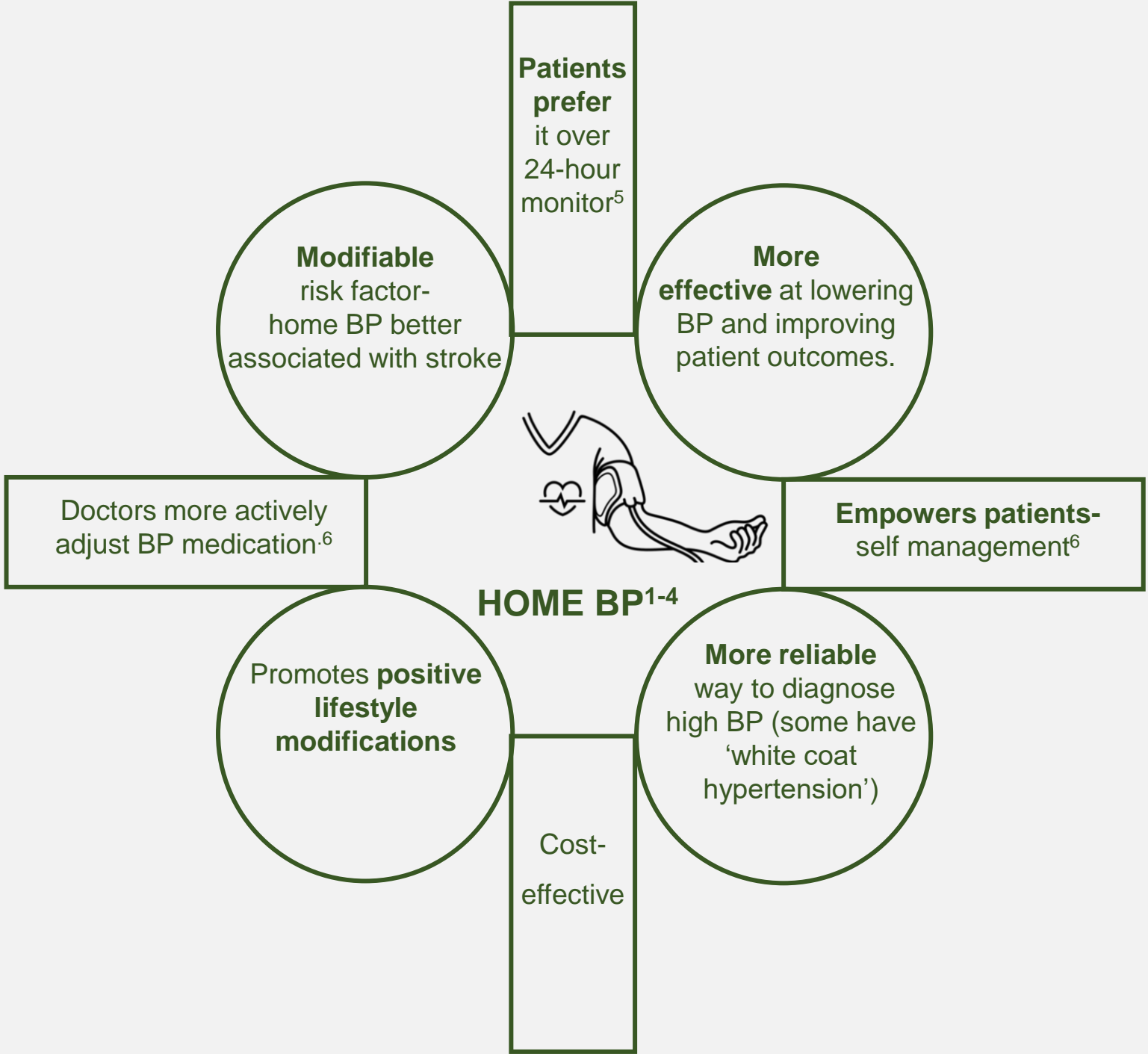
**Evaluation Plan: Home Blood Pressure Monitoring Initiative**  
**BC's Kidney Care Clinics**  
DRAFT Apr 7, 2021

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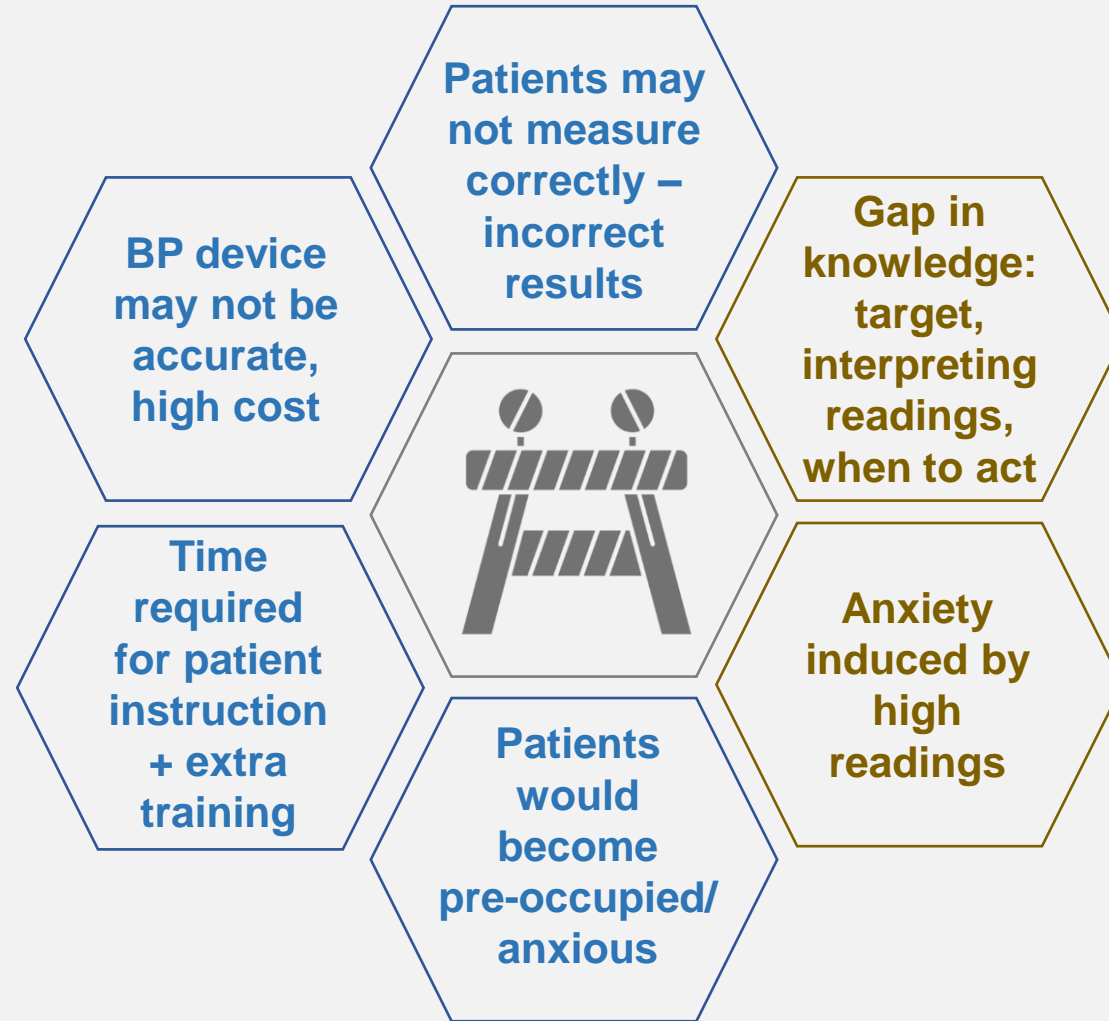
# BENEFITS



# BARRIERS

PRIMARY CARE  
PHYSICIANS<sup>2,6-8</sup>

PATIENTS<sup>6</sup>



# ONLINE SURVEYS

## KCC STAFF PROVIDERS (19 questions)

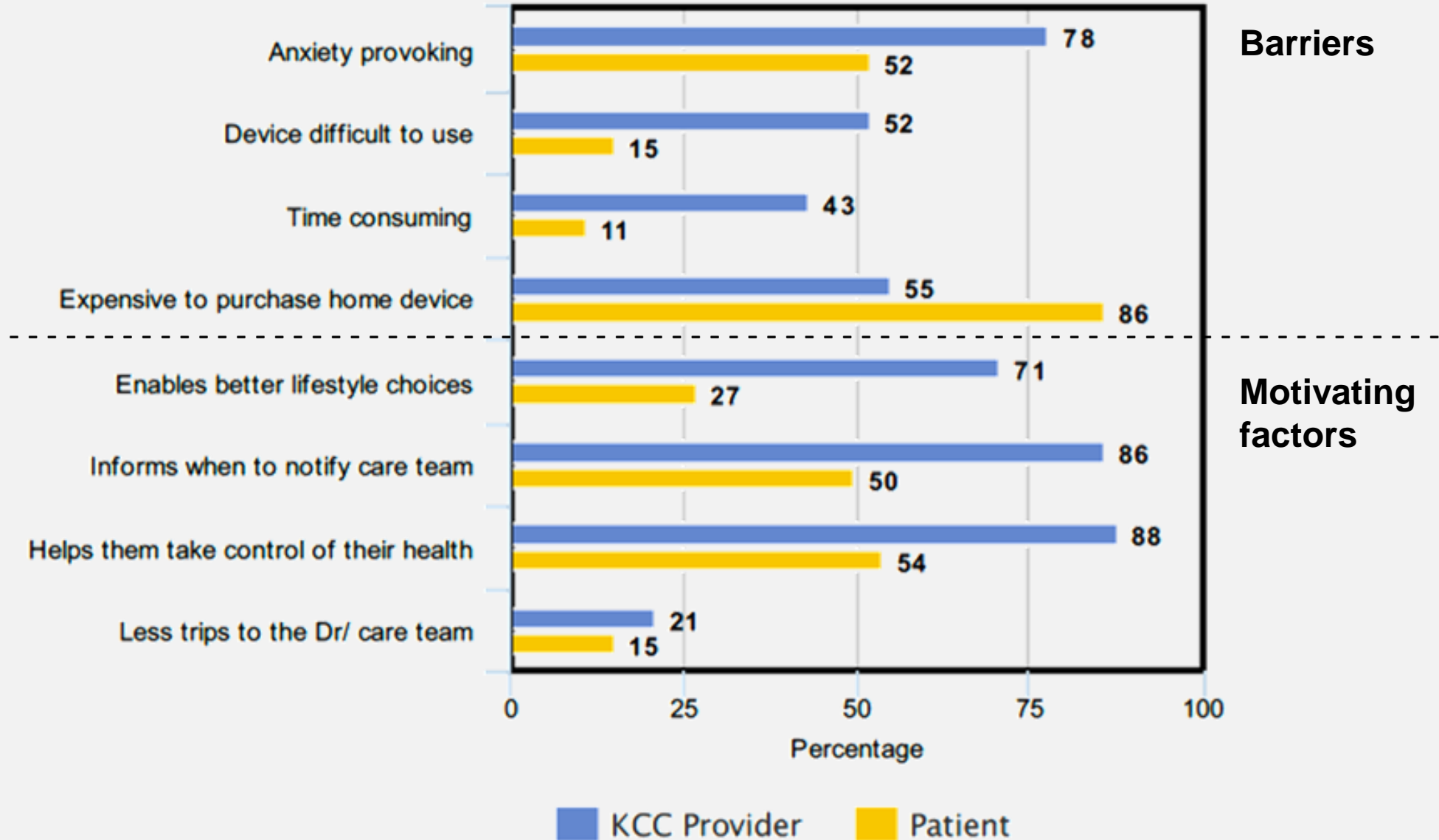
- 23% St Paul's, 14% Kamloops, 12% New Westminster + Surrey, some response from 13/16 centres (total 43)
- 93% female
- 58% >5 years working at KCC
- 63% Nurses, 16% nephrologists



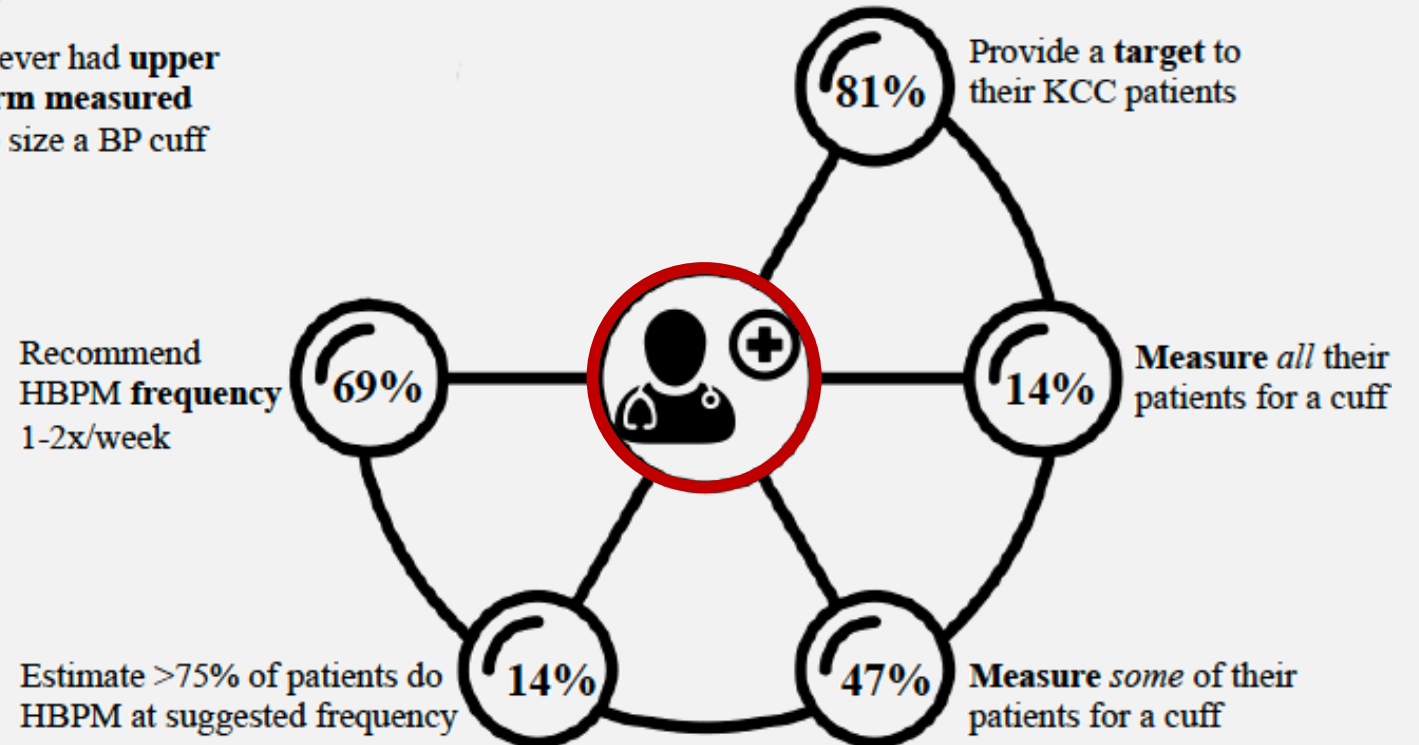
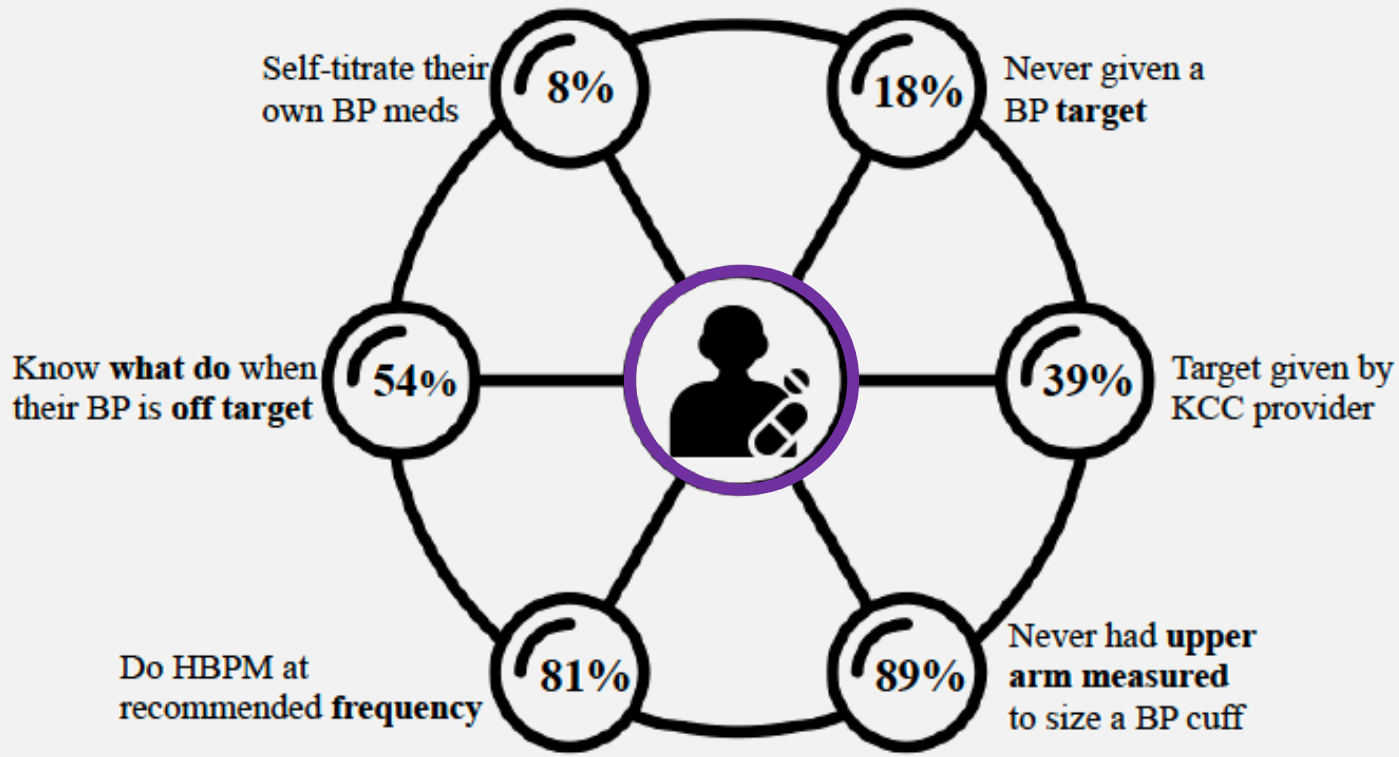
## PATIENTS (26 Qs)

- The majority (36%) @St Paul's, some responses from 15/16 clinics (total 46)
- 53% female
- Fair age spread (majority- 25% fell in the 60-69 year category)
- Only 3% had less than a high school education

# KCC STAFF PROVIDER AND PATIENT PERCEPTIONS ON HOME BP MONITORING



# KCC PATIENT AND STAFF BELIEFS AND PRACTICES ON HOME BP MONITORING



**TOP patient tip:**

- Make home BP monitoring part of daily routine.
- Helpful to have the machine easily accessible/visible for convenience and as a reminder.

**TOP KCC provider tip** for supporting patients on home monitoring:

- Provide easy to record logs and encourage them to bring the logs to the clinic.

# WHAT WE LEARNT AND GOING FORWARD...

- A gap exists between patients and providers and patient attitudes, beliefs and practices
- Training and teaching should be structured to bridge differences
- HBPM resources were refined and made more user-friendly by the project working group (including our patient partners)





## REFERENCES

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