

**We provide support and counselling for:**

- Fears and concerns related to your illness and treatment
- Caregiver Stress
- Depression/Anxiety
- Loss of Independence
- Adjustment and Stress Management
- Grief and Loss
- Lifestyle Changes
- End of Life Decisions

**Your Renal Social Worker:**

**Name:**

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**Contact Information:**



# Meet your Renal Social Worker



Renal (Kidney) Social Workers have education and skills to assist you and those close to you in dealing with the emotional and practical issues that may arise due to your kidney disease.

## We can offer information about resources such as:

- Financial supports (Income Assistance, Disability Pensions)
- Tax tips and tax credits
- Transportation
- Medication coverage or supplies
- Home care assistance
- Subsidized housing or seniors housing
- Caregiver support
- Recreational and social activities



## We provide education and advocacy for:

- Living well with kidney disease
- Options for treatment of kidney disease
- Patient's rights and responsibilities
- Guidance about future planning tools (Representation Agreements, Power of Attorney, Advance Care Plans)
- Cultural needs or language services

# Social Workers *make a difference!*



Renal social workers are employed by the regional health authorities.

