

# Vasodilators (hydralazine, isosorbide dinitrate, minoxidil)

---

## What it does:

Controls:

- a. Hypertension (high blood pressure)
- b. Congestive heart failure (hydralazine)

## How it works:

Relaxes blood vessels and decreases blood pressure.

## What to do if you miss a dose:

If you miss a dose and remember within a few hours, take it when you remember. However, if you do not remember until the next day, skip the missed dose and go back to your regular schedule.

## Possible side effects:

Contact your doctor if any of the following occur:

### HYDRALAZINE

- Diarrhea
- Fast, irregular heartbeat
- Headache
- Loss of appetite
- Nausea/vomiting
- Flushed face
- Shortness of breath
- Skin rash or itching
- Joint pain
- Chest pain (rare)
- Fever/sore throat
- Swollen glands
- Numbness /weakness in hands/feet

### ISOSORBIDE DINITRATE

- Headache
- Dizziness
- Weakness

- Fainting
- Low blood pressure
- Flushing of skin

### MINOXIDIL

- Fast/irregular heartbeat
- Rapid weight gain
- Increased hair growth (usually on face, arms, back)
- Bloating
- Swelling of feet/legs
- Numbness of tingling
- Headache
- Skin rash/itching

## Precautions:

Check with your pharmacist or doctor before taking any non-prescription medicines.



Use the space below to write down why you are taking this medication and other notes.

---

---

---

---

---

---

---

---

---

---