

I Am Suitable for Living Donor Kidney Transplant

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What to expect

Your transplant team at Vancouver General Hospital or St. Paul's Hospital will determine if you are suitable for a living donor kidney transplant. More testing may be needed, depending on your individual circumstances.

- If you are suitable, the next step is to prepare you for the transplant procedure. The transplant team will determine the timing of your transplant procedure based on your level of kidney function and when a donor will be ready.
- If you are not suitable, the transplant team will contact you and provide you with the reasons.



Things to think about and discuss

If you are still asking yourself whether living donor kidney transplant is the best treatment option for you, please discuss with your kidney care team or transplant team, so you are aware of your options and feel confident with the final decision.

When you will be contacted by your kidney care team:

- To discuss whether you are suitable for transplant including next steps.
- To inform you when you have an approved donor.
- To get support in preparing for transplant. Arranging travel, accommodation, etc.
- To confirm the planned transplant procedure date.
- To arrange and complete pre-operative testing and/or consults.

Decisions I need to make now:

- Do I feel prepared for surgery?
- Do I need to arrange transportation and accommodation?
- Do I fully understand what happens after the surgery?
- Who will help me after my surgery with daily activities such as housekeeping, groceries, laundry, etc.?

Questions to ask my kidney care team:

- How can I keep myself healthy while I'm waiting for transplant surgery?
- Is there financial support available for my time off while recovering from surgery?
- Will there be follow-up with my kidney care team after transplant?
- What happens if the transplant fails?
- Do I need to pay for transplant medications?
- How long do I stay in hospital?



Where am I in the transplant process?

- I am suitable for a kidney transplant.
- My living kidney donor has been approved.
- I have a date booked for my kidney transplant surgery.

Notes:
