BCRenal
an agency of the Provincial Health Services Authority

Sennosides

PHARMACY INFO SHEET

WHAT IT DOES:

Relieves constipation.

HOW IT WORKS:

Stimulates your bowel muscles to contract.

HOW TO TAKE IT:

Take as directed. Your dose may change over time and you may only need to take this when needed.

WHAT TO DO IF YOU MISS A DOSE:

If you are taking this regularly and miss a dose, take the missed dose as soon as you remember. If you do not remember the missed dose until it is almost time for the next dose, just skip the missed dose. DO NOT DOUBLE YOUR DOSE OR TRY TO "CATCH UP" BY TAKING EXTRA DOSES. If you are only taking this "as needed" then do not worry about "missed doses."

POSSIBLE SIDE EFFECTS:

Stomach discomfort and cramping can occur especially when first starting. If you start gradually this usually is minimized. Inform your doctor if you are having diarrhea.

RELATION TO DIET:

Talk to your dietitian about ways to prevent constipation with your diet. Do not increase your intake of fruits and fruit juices without talking to your dietitian as most are high in potassium.

Use the space below to write down why you are taking this medication.