

Angiotensin Converting Enzyme Inhibitors

What it does:

- Helps lower high blood pressure.
- Protects your kidney and heart.
- Helps the heart work better in people with heart failure.

How it works:

- Relaxes your blood vessels to help lower blood pressure.
- Lowers pressure inside the kidneys. This may help slow kidney disease and reduce the amount of protein lost in your urine.

How to take it:

- Can be taken with or without meals.
- Take this medicine exactly as your doctor tells you, even if you feel well.
- If you have vomiting or diarrhea, or cannot drink enough fluids, call your healthcare provider. You may become dehydrated and need to hold this medication until you feel better.
- This medicine may increase potassium levels, talk to your healthcare team before using salt substitutes or eating large amounts of high potassium foods.
- If you miss a dose, take it as soon as possible. However, if it is almost time for your next dose, skip the missed dose. Take your next dose at the usual time.

Possible side effects:

- May cause dizziness, especially when you first start taking this medicine or after your dose is increased.

Call your doctor if you have any of the following:

- New dry cough or a tickle sensation in your throat
- Dizziness, feeling light-headed or fainting when you stand up
- New skin rash, itch, fever, joint pain or skin that becomes more sensitive to light
- Swelling of face, mouth, hands, feet, or trouble swallowing or breathing
- May increase blood potassium levels which could result in tingling toes and fingers, muscle weakness or an irregular heartbeat