

Module 9 – Giving Yourself Medications

This section will discuss how to give medications while on dialysis.

EPREX® or ARANESP®

1. Prepare you medication

- Check medication (Right drug, right dose, expiry date)

2. Injecting Medication

If you are injecting the medication into the blood line:

- a) Look for medication port
- b) Swab medication port
- c) Remove cap if your machine has a cap
- d) Inject the medication slowly over 3 seconds



Important to note:

What medication are you receiving?

Dose of medication:

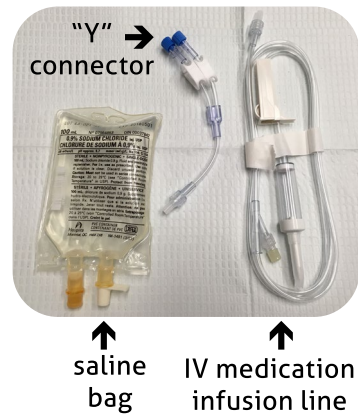
3. Record your medication dose and date on your run log or calendar.

Giving yourself antibiotics



Supplies:

- 2 alcohol swabs
- One 10 mL syringe
- One 21 gauge needle
- IV medication infusion line
- “Y” connector
- 100 mL normal saline mini bag
- Prescribed antibiotics
- IV medication label



1. Check antibiotics (right drug, right dose, expiry date).
2. Draw up medication into syringe.
3. Swab medication port on saline bag.
4. Inject medication.
5. Invert the medication bag (turn upside down) and withdraw air.
6. Close medication infusion line roller clamp.
7. Spike medication line into normal saline mini bag.
8. Attach medication line to one side of the “Y” connector.
9. Squeeze chamber until half full.
10. Open roller clamp (slowly) until medication is at the end of the “Y” connector tail.
11. Close roller clamp and the clamp on the “Y” connector.
12. Attach medication label to mini bag.

CV Adding phosphate to an acid jug

1. Prepare medication.

- Check medication (right drug, right dose, expiry date).
- Unscrew tip.
- Measure prescribed amount into medication cup.

2. Add to dialysate jug.

- Pour into full jug.
- Re-cap and shake.

3. Connect jug to machine and proceed with dialysis set-up.



Important to note:

I add _____ mL to my acid jug.

- Phosphate enema is used as a phosphorus additive for dialysis.
- Once opened the phosphate enema can be used for several treatments.
- Ensure you start with a full jug of dialysate.
- Mix thoroughly to avoid conductivity alarms.
- Please refer to machine flip chart on page _____.

CV Adding calcium to an acid jug (for conventional machines)

1. Prepare medication.

- Check medication (right drug, right dose, expiry date).
- Open package.
- Measure prescribed amount into medication cup.

2. Add to dialysate jug.

- Pour into full jug.
- Re-cap and shake.

3. Connect jug to machine and proceed with dialysis set-up.



Important to note:

I add _____ mL to my acid jug.

- Ensure you start with a full jug of dialysate.
- Mix thoroughly to avoid conductivity alarms.
- Please refer to machine flip chart on page _____.



Notes- Giving Yourself Medications

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