

Beta Adrenergic Blocking Agents

What it does:

- Helps lower high blood pressure.
- Helps prevent or treat chest pain (angina).
- Helps treat an irregular heartbeat (arrhythmia).
- Some can help the heart work better in people with heart failure (Bisoprolol, carvedilol, metoprolol).
- Swelling in the ankles, feet or lower legs
- Nausea, vomiting or upset stomach
- Changes in sexual function
- If you have diabetes, this medication may hide some of the warning signs of hypoglycemia (low blood sugar) such as a fast heart beat. It does not hide other symptoms such as dizziness or sweating.

How it works:

- Affects the response to some nerve impulses in certain parts of the body. This causes your heart rate to slow and helps your heart work more easily.

How to take it:

- Do not stop taking this medication without your doctor's advice.
- Labetalol should be taken with food.
- If you miss a dose of this medication, take it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule.

Possible side effects:

- Low blood pressure or slow heart rate
- Dizziness, light-headedness
- Trouble sleeping or unusual dreams
- Trouble breathing or wheezing
- Cold hands and feet