

Calcium Channel Blockers

What it does:

- Helps lower high blood pressure.
- Helps prevent or treat chest pain (angina).

How it works:

- Decreases the amount of calcium moving into the cells of the heart and blood vessels causing the blood vessels to relax. This helps blood flow more easily and makes it easier for your heart to pump blood.

How to take it:

- Do not stop taking this medication without your doctor's advice.
- If you miss a dose of this medication, take it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule.

Possible side effects:

- May cause dizziness, especially when you first start taking this medicine.
- You may feel warm or look red (flushing).

Call your doctor if you have any of the following:

- Swelling of ankles, feet or lower legs
- Bleeding, sore or swollen gums
- Trouble breathing, coughing or wheezing