

Fertility Discussion Printable Guide For Kidney Patients



Providence
Health Care

BCRenal
Provincial Health Services Authority



+ Understanding Fertility and Kidney Disease

Does my kidney disease affect my fertility?

How will I know if I have infertility?

Is it possible for me to become pregnant if:

I have chronic kidney disease?

I am on dialysis?

I have had a kidney transplant?

Is it safe for me to become pregnant with my current kidney condition?

+ Menstrual Cycles

Are my menstrual cycles normal?

What should I do if my periods become irregular or stop completely?

How do I know if I am ovulating properly? Could I be having anovulatory periods (getting a period without releasing an egg)?

+ Fertility Tests

Are there fertility tests I can do to assess my fertility?

Which kidney function or hormone test results will indicate fertility/infertility?

Are there tests I should do or health targets I should meet before becoming pregnant?

+ Medications

Do any of my medications affect fertility or hormone levels?

Should any medications be changed before I try to conceive?

+ Dialysis

Does dialysis affect my fertility or menstrual cycles?

Can my fertility improve with increases in my dialysis regimen?

+ Transplant

When will my fertility return after I get a kidney transplant?

Do my transplant medications affect my fertility?

+ Getting Help for Infertility

What can I do if I have CKD and have infertility?

Are my symptoms related to fertility, sexual dysfunction, or both? Click on [the page](#) for sexual dysfunction.

What lifestyle changes may help improve my fertility?

What medications or treatments may help improve my fertility?

When should I consider seeing a fertility clinic?

What fertility treatments are safe for people with kidney disease?

When should I consider assisted reproductive technologies, such as:

- Ovulation Induction
- Intrauterine Insemination (IUI)
- In Vitro Fertilization (IVF)

Should I think about freezing my eggs or embryos??

Should I see a fertility specialist or reproductive endocrinologist?
