

WEBINAR!

Muscle Mass in Kidney Disease: Why It Matters

Thursday, January 22, 2026
1:00 – 2:30 pm (PT)



Concerned about losing strength? Wondering how to maintain muscle health while managing kidney disease?

Join **Dietitian Dani Renouf** and our **Patient Partners Tamara** and **Don** as they share practical guidance on protecting and supporting muscle mass. Learn how nutrition, daily habits, and smart choices can help you stay strong and energized.

How can I join?

You can join using a computer, tablet or smartphone. If you do not have a computer or your computer does not have an internet connection, you can join by telephone.

For joining by phone:

- [Find a local number](#)
- Phone conference ID: 758 847 551#

Please register for this session in advance.

1. Click this link: <http://bit.ly/47MICrE> or scan the QR code
2. After you register, you will receive an email which will tell you how to join the session.



Questions?

[Email us here](#)

