

Menopause Discussion Printable Guide For Kidney Patients



Providence
Health Care

BCRenal
Provincial Health Services Authority



+ Common Questions

How can I tell if I am experiencing menopause?

How does menopause affect my kidney health?

How does my kidney disease affect menopause?

Do I need to be on contraception?

What treatments are available to me?

A. Should I be on hormone replacement therapy?

B. What are the side effects and risks of hormone replacement therapy?

C. Is this safe for my kidney health?

How can I manage my symptoms?

A. Hot flashes

B. Vaginal dryness

C. Sleep issues

D. Mood changes

E. Brain fog

What is my risk for:

A. Osteoporosis

B. Heart disease
