

Vasodilators

What it does:

- Helps lower high blood pressure.
- Helps the heart work better in people with heart failure (hydralazine).

How it works:

- Relaxes your blood vessels and decreases blood pressure.

How to take it:

- Take the vasodilator as ordered by your doctor or pharmacist.
- If you miss a dose and remember within a few hours, take it when you remember. However, if you do not remember until the next day, skip the missed dose and go back to your regular schedule.

Possible side effects:

- Headache
- You may feel warm or look red (flushing).
- May cause dizziness, especially when you first start taking this medicine.
- Extra hair may grow on your face, arms or back (Minoxidil).

Contact your doctor if any of the following occur:

- A fast or uneven heartbeat
- Shortness of breath
- New skin rash or itching
- New joint pain
- Numbness, tingling or burning sensation in hands or feet